

| | | NBC* | NBC Spring 2008** | ABC | CBS | CW | FOX | FOX Spring 2008 |
|------------------|------|------------------------------|-----------------------------------|--|--|----------------------------------|---|---|
| Monday | 8 | Heroes | Chuck | Dancing with the Stars (The Bachelor airs following DwtS completion) | How I Met Your Mother | Gossip Girl | House | |
| | 8:30 | | | | <i>Accidentally on Purpose</i> | | | |
| | 9 | <i>Trauma</i> | <i>Day One</i> | | Two and a Half Men | | | |
| | 9:30 | | | The Big Bang Theory | One Tree Hill | Lie To Me | 24 | |
| | 10 | <i>The Jay Leno Show</i> | | Castle | CSI: Miami | | | |
| Tuesday | 8 | The Biggest Loser | The Biggest Loser: Couples | <i>Shark Tank</i> | NCIS | 90210 | So You Think You Can Dance (Performance Show) | American Idol (Performance Show) |
| | 8:30 | | | | | | | |
| | 9 | | | | Dancing with the Stars Results Show (Scrubs/Better Off Ted airs following DwtS completion) | <i>NCIS: Los Angeles</i> | <i>Melrose Place</i> | <i>Past Life</i> |
| | 9:30 | | <i>100 Questions</i> | | | | | |
| | 10 | <i>The Jay Leno Show</i> | | <i>The Forgotten</i> | <i>The Good Wife</i> | | | |
| Wednesday | 8 | <i>Parenthood</i> | <i>Mercy</i> | <i>Hank</i> | The New Adventures of Old Christine | America's Next Top Model | So You Think You Can Dance (Results Show) | American Idol (Results Show) |
| | 8:30 | | | <i>The Middle</i> | Gary Unmarried | | | |
| | 9 | Law and Order: SVU | | <i>Modern Family</i> | Criminal Minds | <i>The Beautiful Life</i> | <i>Glee</i> | <i>Human Target (January)/Glee (spring)</i> |
| | 9:30 | | | <i>Cougar Town</i> | | | | |
| | 10 | <i>The Jay Leno Show</i> | | <i>Eastwick</i> | CSI: NY | | | |
| Thursday | 8 | SNL Weekend Update | <i>Community</i> | <i>Flash Forward</i> | Survivor | <i>The Vampire Diaries</i> | Bones | |
| | 8:30 | Parks and Recreation | | | | | | |
| | 9 | The Office | | Grey's Anatomy | CSI | Supernatural | Fringe | |
| | 9:30 | <i>Community</i> | 30 Rock | | | | | |
| | 10 | <i>The Jay Leno Show</i> | | Private Practice | The Mentalist | | | |
| Friday | 8 | Law and Order | | Supernanny | Ghost Whisperer | Smallville | <i>Brothers</i> | |
| | 8:30 | | | | | | Til Death | |
| | 9 | Southland | | Ugly Betty | Medium | America's Next Top Model Encores | Dollhouse | |
| | 9:30 | | | | | | | |
| | 10 | <i>The Jay Leno Show</i> | | 20/20 | Numb3rs | | | |
| Saturday | 8 | Dateline NBC | | Saturday Night College Football | CrimeTime Saturday | | COPS | |
| | 8:30 | | | | | | | COPS |
| | 9 | <i>Trauma (encores)</i> | Southland (encores) | | | | America's Most Wanted | |
| | 9:30 | | | | | | | |
| | 10 | Law and Order: SVU (encores) | | | 48 Hours: Mystery | | <i>The Wanda Sykes Show</i> | |
| Sunday | 8 | Sunday Night Football | Dateline NBC | Extreme Makeover: Home Edition | The Amazing Race | | The Simpsons | |
| | 8:30 | | | | | | <i>The Cleveland Show</i> | <i>Sons of Tuscon</i> |
| | 9 | | | <i>The Marriage Ref</i> | Desperate Housewives | <i>Three Rivers</i> | | Family Guy |
| | 9:30 | | | | | | American Dad | <i>The Cleveland Show</i> |
| | 10 | | | Celebrity Apprentice | Brothers and Sisters | Cold Case | | |

*Link = NBC schedule information
**Link = NBC new shows information

Key:
New Show
Show listed to the left will continue in the Spring
Black = Local Programming/Network off the Air.